

Flint Hills Resources Community Action Council

Speakers Bio

Name	Marcia Keener
Title	Manager, Coach
Profession	Human Resources, Wellness/Fitness
Company (if applicable)	San Patricio Municipal Water District, MjKeener Consulting, Your Personal Best Training Studio
Preferred email	mjkeener13@gmail.com
Preferred contact number	361-877-5564

List any degrees you hold and the college or university from which you graduated:

Degree	University
BBA/Human Resources Mgt.	Texas Tech University

List any certifications, affiliations, honors or awards:

Certified Wellness Coach/Wellcoaches
Certified Personal Trainer/American College of Sports Medicine

Experience:

30+ Years of Human Resources Mgt. Experience including working in schools with Texas Scholars, developed training session for younger children called Find Your Future for San Patricio County School Districts. Participated in Jr. Achievement.

Areas of expertise:

Wellness, Fitness, Nutrition, Career exploration, practicing interviewing, communication skills

What do you feel are the most important qualities/characteristics in today's workplace?

personal responsibility for actions, ethics, good communication skills, and emotional maturity

More about me:

I have worked with the Youth of our church and enjoy working with young people of all ages.